

Un calendario per leggere tutta la Bibbia in un anno

Presentiamo, per gentile concessione dell'autore, un calendario preparato da p.Pierbattista Pizzaballa, francescano, parroco della comunità cattolica di lingua ebraica di Gerusalemme, per leggere tutta la Bibbia in un anno. Il calendario prevede la lettura al mattino dell'Antico Testamento ed alla sera del Nuovo. Per chi è all'inizio della conoscenza della Sacra Scrittura, consigliamo la lettura del solo Nuovo Testamento, per arrivare poi, successivamente, alla lettura dei due Testamenti insieme. Consigliamo di munirsi di un quaderno su cui trascrivere tutti i versetti che ci appaiono più importanti da ricordare e tutte le domande che pian piano sorgono per una più profonda comprensione del testo, per poi rivolgerle ad un esperto, ad un sacerdote, ad un padre spirituale. La versione che consigliamo è quella della Bibbia di Gerusalemme che unisce al testo della CEI (Conferenza Episcopale Italiana, cioè il testo che viene letto nella liturgia della Chiesa italiana, testo che cerca di rispettare la lettera del testo biblico senza aggiungere né togliere) un apparato critico di note e di riferimenti di grande utilità per la comprensione di tutti i passi più difficili; I salmi sono esclusi, perché si suppone siano già recitati durante l'ufficio.

Lectio continua della Parola di Dio ciclo annuale

Gennaio

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|-----|-----------|-------------|-----|-----------|-------------|
| 1 | Gen 1-2 | Mt 1 | 16 | Gen 38-40 | Mt 12,22-50 |
| 2 | Gen 3-5 | Mt 2 | 17 | Gen 41 | Mt 13,1-32 |
| 3 | Gen 6-8 | Mt 3 | 18 | Gen 42-43 | Mt 13,33-58 |
| 4 | Gen 9-11 | Mt 4 | 19 | Gen 44-45 | Mt 14,1-21 |
| 5 | Gen 12-14 | Mt 5,1-26 | 20 | Gen 46-48 | Mt 14,22-36 |
| 6 | Gen 15-17 | Mt 5,27-48 | 21 | Gen 49-50 | Mt 15,1-20 |
| 7 | Gen 18-19 | Mt 6 | 22 | Es 1-3 | Mt 15,21-39 |
| 8 | Gen 20-22 | Mt 7 | 23 | Es 4-6 | Mt 16 |
| 9 | Gen 23-24 | Mt 8 | 24 | Es 7-8 | Mt 17 |
| 10 | Gen 25-26 | Mt 9,1-17 | 25 | Es 9-10 | Mt 18,1-20 |
| 11 | Gen 27-28 | Mt 9,18-38 | 26 | Es 11-12 | Mt 18,21-35 |
| 12 | Gen 29-30 | Mt 10,1-23 | 27 | Es 13-15 | Mt 19,1-15 |
| 13 | Gen 31-32 | Mt 10,24-42 | 28 | Es 16-18 | Mt 19,16-30 |
| 14 | Gen 33-35 | Mt 11 | 29 | Es 19-21 | Mt 20,1-16 |
| 15 | Gen 36-37 | Mt 12,1-21 | 30 | Es 22-24 | Mt 20,17-34 |
| | | | 31 | Es 25-26 | Mt 21,1-22 |

Febbraio

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Es 27-28 | Mt 21,23-46 | 16 | Lev 22-23 | Mc 1,1-22 |
| 2 | Es 29-30 | Mt 22,1-22 | 17 | Lev 24-25 | Mc 1,23-45 |
| 3 | Es 31-33 | Mt 22,23-46 | 18 | Lev 26-27 | Mc 2 |
| 4 | Es 34-36 | Mt 23,1-22 | 19 | Nm 1-2 | Mc 3,1-21 |
| 5 | Es 37-38 | Mt 23,23-39 | 20 | Nm 3-4 | Mc 3,22-35 |
| 6 | Es 39-40 | Mt 24,1-22 | 21 | Nm 5-6 | Mc 4,1-20 |
| 7 | Lev 1-3 | Mt 24,23-51 | 22 | Nm 7 | Mc 4,21-41 |
| 8 | Lev 4-6 | Mt 25 1-30 | 23 | Nm 8-10 | Mc 5,1-20 |
| 9 | Lev 7-8 | Mt 25,31-46 | 24 | Nm11-13 | Mc 5,21-43 |
| 10 | Lev 10-12 | Mt 26,1-19 | 25 | Nm14-15 | Mc 6,1-32 |
| 11 | Lev 13 | Mt 26,20-54 | 26 | Nm16-17 | Mc 6,33-56 |
| 12 | Lev 14 | Mt 26,55-75 | 27 | Nm 18-20 | Mc 7 |
| 13 | Lev 15-17 | Mt 27,1-31 | 28 | Nm 21-23 | Mc 8,1-21 |
| 14 | Lev 18-19 | Mt 27,32-66 | | | |
| 15 | Lev 20-21 | Mt 28,1-20 | | | |

Marzo

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|--------------|
| 1 | Nm 24-26 | Mc 8,22-38 | 16 | Dt 28 | Mc 15,27- 47 |
| 2 | Nm 27-29 | Mc 9,1-29 | 17 | Dt 29-30 | Mc 16 |
| 3 | Nm 30-31 | Mc 9,30-50 | 18 | Dt 31-32 | Lc 1,1-23 |
| 4 | Nm 32-33 | Mc 10,1-31 | 19 | Dt 33-34 | Lc 1,24- 56 |
| 5 | Nm 34-36 | Mc 10,32-52 | 20 | Gs 1-3 | Lc 1,57-80 |
| 6 | Dt 1-2 | Mc 11,1-19 | 21 | Gs 4-6 | Lc 2,1-24 |
| 7 | Dt 3-4 | Mc 11,20-33 | 22 | Gs 7-8 | Lc 2,25-52 |
| 8 | Dt 5-7 | Mc 12,1-27 | 23 | Gs 9-10 | Lc 3 |
| 9 | Dt 8-10 | Mc 12,28-44 | 24 | Gs 11-13 | Lc 4,1-32 |
| 10 | Dt 11-13 | Mc 13,1-13 | 25 | Gs 14-15 | Lc 4,33-44 |
| 11 | Dt 14-16 | Mc 13,14-37 | 26 | Gs 16-18 | Lc 5,1-16 |
| 12 | Dt 17-19 | Mc 14,1-25 | 27 | Gs 19-20 | Lc 5,17-39 |
| 13 | Dt 20-22 | Mc 14,26 50 | 28 | Gs 21-22 | Lc 6,1-26 |
| 14 | Dt 23-25 | Mc 14,51-72 | 29 | Gs 23-24 | Lc 6,27-46 |
| 15 | Dt 26-27 | Mc 15,1-26 | 30 | Gdc 1-2 | Lc 7,1-30 |
| | | | 31 | Gdc 3-5 | Lc 7,31-50 |

Aprile

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Gdc 6-7 | Lc 8,1-21 | 16 | 1Sam 22-24 | Lc 15,11-32 |
| 2 | Gdc 8-9 | Lc 8,22-56 | 17 | 1Sam 25-26 | Lc 16,1-18 |
| 3 | Gdc 10-11 | Lc 9,1-36 | 18 | 1Sam 27-29 | Lc 16,19-31 |
| 4 | Gdc 12-14 | Lc 9,37-62 | 19 | 1Sam 30-31 | Lc 17, 1-19 |
| 5 | Gdc 15-17 | Lc 10,1-24 | 20 | 2Sam 1-3 | Lc 17,20-37 |
| 6 | Gdc 18-19 | Lc 10,25-42 | 21 | 2Sam 4-6 | Lc 18,1-17 |
| 7 | Gdc 20-21 | Lc 11,1-28 | 22 | 2Sam 7-9 | Lc 18,18-43 |
| 8 | 1Sam 1-3 | Lc 11,29-54 | 23 | 2Sam 10-12 | Lc 19,1-28 |
| 9 | 1Sam 4-6 | Lc 12,1-34 | 24 | 2Sam 13-14 | Lc 19,29-48 |
| 10 | 1Sam 7-9 | Lc 12,35-59 | 25 | 2Sam 15-16 | Lc 20,1-26 |
| 11 | 1Sam 10-12 | Lc 13,1-21 | 26 | 2Sam 17-18 | Lc 20,27-47 |
| 12 | 1Sam 13-14 | Lc 13,22-35 | 27 | 2Sam 19-20 | Lc 21,1-19 |
| 13 | 1Sam 15-16 | Lc 14,1-24 | 28 | 2Sam 21-22 | Lc 21,20-38 |
| 14 | 1Sam 17-18 | Lc 14,25-35 | 29 | 2Sam 23-24 | Lc 22,1-30 |
| 15 | 1Sam 19-21 | Lc 15,1-10 | 30 | 1Re 1-2 | Lc 22,31-53 |

Maggio

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | 1Re 3-5 | Lc 22,54-71 | 16 | 2Re 18-19 | Gv 6,1-21 |
| 2 | 1Re 6-7 | Lc 23,1-26 | 17 | 2Re 20-22 | Gv 6,22-44 |
| 3 | 1Re8-9 | Lc 23,28-38 | 18 | 2Re 23-25 | Gv 6,45-71 |
| 4 | 1Re 10-11 | Lc 23,39-56 | 19 | Is 1-3 | Gv 7,1-31 |
| 5 | 1Re 12-13 | Lc 24,1-35 | 20 | Is 4-6 | Gv 7,32-53 |
| 6 | 1Re 14-15 | Lc 24,36-53 | 21 | Is 7-9 | Gv 8,1-20 |
| 7 | 1Re 16-18 | Gv 1,1-28 | 22 | Is 10-12 | Gv 8,21-36 |
| 8 | 1Re 19-20 | Gv 1,29-51 | 23 | Is 13-15 | Gv 8,37-59 |
| 9 | 1Re 21-22 | Gv 2 | 24 | Is 16-18 | Gv 9,1-23 |
| 10 | 2Re 1-3 | Gv 3,1-21 | 25 | Is 19-21 | Gv 9,24-41 |
| 11 | 2Re 4-5 | Gv 3,22-36 | 26 | Is 22-23 | Gv 10,1-21 |
| 12 | 2Re 6-8 | Gv 4,1-30 | 27 | Is 24-26 | Gv 10,22-42 |
| 13 | 2Re 9-11 | Gv 4,31-54 | 28 | Is 27-28 | Gv 11,1-17 |
| 14 | 2Re 12-14 | Gv 5,1-24 | 29 | Is 29-30 | Gv 11,18-46 |
| 15 | 2Re 15-17 | Gv 5,25-47 | 30 | Is 31-33 | Gv 11,47-57 |
| | | | 31 | Is 34-36 | Gv 12,1-19 |

Giugno

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Is 37-38 | Gv 12,20-50 | 16 | Ger 7-8 | At 2,1-13 |
| 2 | Is 39-40 | Gv 13,1-17 | 17 | Ger 9-10 | At 2,14-47 |
| 3 | Is 41-42 | Gv 13,18-38 | 18 | Ger 11-13 | At 3 |
| 4 | Is 43-44 | Gv 14 | 19 | Ger 14-16 | At 4,1-22 |
| 5 | Is 45-47 | Gv 15 | 20 | Ger 17-19 | At 4,23-37 |
| 6 | Is 48-49 | Gv 16,1-15 | 21 | Ger 20-22 | At 5,1-16 |
| 7 | Is 50-52 | Gv 16,16-33 | 22 | Ger 23-34 | At 5,17-42 |
| 8 | Is 53-55 | Gv 17 | 23 | Ger 25-26 | At 6 |
| 9 | Is 56-58 | Gv 18,1-23 | 24 | Ger 27-28 | At 7,1-19 |
| 10 | Is 59-61 | Gv 18,24-40 | 25 | Ger 29-30 | At 7,20-43 |
| 11 | Is 62-64 | Gv 19,1-22 | 26 | Ger 31-32 | At 7,44-60 |
| 12 | Is 65-66 | Gv 19,23-42 | 27 | Ger 33-35 | At 8,1-25 |
| 13 | Ger 1-2 | Gv 20 | 28 | Ger 36-37 | At 8,36-40 |
| 14 | Ger 3-4 | Gv 21 | 29 | Ger 38-39 | At 9,1-22 |
| 15 | Ger 5-6 | At 1 | 30 | Ger 40-42 | At 9,23-43 |

Luglio

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Ger 43-45 | At 10,1-23 | 16 | Ez 29-31 | At 19,21-41 |
| 2 | Ger 46-48 | At 10,24-48 | 17 | Ez 32-33 | At 20,1-16 |
| 3 | Ger 49-50 | At 11 | 18 | Ez 34-35 | At 20,17-38 |
| 4 | Ger 51-52 | At 12 | 19 | Ez 36-37 | At 21,1-14 |
| 5 | Ez 1-3 | At 13,1-23 | 20 | Ez 38-39 | At 21,15-40 |
| 6 | Ez 4-6 | At 13,24-52 | 21 | Ez 40 | At 22 |
| 7 | Ez 7-9 | At 14 | 22 | Ez 41-42 | At 23,1-11 |
| 8 | Ez 10-12 | At 15,1-21 | 23 | Ez 43-44 | At 23,12-35 |
| 9 | Ez 13-15 | At 15,22-41 | 24 | Ez 45-46 | At 24 |
| 10 | Ez 16 | At 16,1-15 | 25 | Ez 47-48 | At 25 |
| 11 | Ez 17-19 | At 16,16-40 | 26 | Os 1-4 | At 26 |
| 12 | Ez 20-21 | At 17,1-15 | 27 | Os 5-8 | At 27,1-25 |
| 13 | Ez 22-23 | At 17,16-34 | 28 | Os 9-11 | At 27,26-44 |
| 14 | Ez 24-26 | At 18 | 29 | Os 12-14 | At 28,1-15 |
| 15 | Ez 27-28 | At 19,1-20 | 30 | Gl 1-3 | At 28,16-31 |
| | | | 31 | Am 1-3 | Rm 1 |

Agosto

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|---------------|
| 1 | Am 4-6 | Rm 2 | 16 | Zc 13-14 | Rm 15,1-20 |
| 2 | Am 7-9 | Rm 3 | 17 | Ml 1-3 | Rm 15,21-33 |
| 3 | Abd 1 | Rm 4 | 18 | Est 1 | Rm 16 |
| 4 | Gn 1-4 | Rm 5 | 19 | Est 2-3 | 1Cor 1 |
| 5 | Mi 1-3 | Rm 6 | 20 | Est 4-5 | 1Cor 2 |
| 6 | Mi 4-5 | Rm 7 | 21 | Est 6-7 | 1Cor 3 |
| 7 | Mi 6-7 | Rm 8,1-18 | 22 | Est 8-9 | 1Cor 4 |
| 8 | Na 1-3 | Rm 8,19-39 | 23 | Est 10 | 1Cor 5 |
| 9 | Ab 1-3 | Rm 9 | 24 | Gdt 1-3 | 1Cor 6 |
| 10 | Sof 1-3 | Rm 10 | 25 | Gdt 4-6 | 1Cor 7,1-24 |
| 11 | Ag 1-2 | Rm 11,1-21 | 26 | Gdt 7-9 | 1Cor 7,25-40 |
| 12 | Zc 1-3 | Rm 11,22-36 | 27 | Gdt 10-12 | 1Cor 8 |
| 13 | Zc 4-6 | Rm 12 | 28 | Gdt 13-14 | 1Cor 9 |
| 14 | Zc 7-9 | Rm 13 | 29 | Gdt 15-16 | 1Cor 10,1-13 |
| 15 | Zc10-12 | Rm 14 | 30 | Tb 1-3 | 1Cor 10,14-33 |
| | | | 31 | Tb 4-6 | 1Cor 11,1-15 |

Settembre

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|---------------|------------|----------------|---------------|
| 1 | Tb 7-10 | 1Cor 11,16-34 | 16 | Sap 1-3 | 2Cor 8 |
| 2 | Tb 11-14 | 1Cor 12 | 17 | Sap 4-5 | 2Cor 9 |
| 3 | 1Mac 1-3 | 1Cor 13 | 18 | Sap 6,1-8,1 | 2Cor 10 |
| 4 | 1Mac 4-5 | 1Cor 14,1-20 | 19 | Sap 8,2 - 11,3 | 2Cor 11,1-15 |
| 5 | 1Mac 6-8 | 1Cor 14,21-40 | 20 | Sap 11,4-12,27 | 2Cor 11,16-33 |
| 6 | 1Mac 9-10 | 1Cor 15,1-32 | 21 | Sap 13-15 | 2Cor 12 |
| 7 | 1Mac 11-12 | 1Cor 15,33-58 | 22 | Sap 16-19 | 2Cor 13 |
| 8 | 1Mac 13-14 | 1Cor 16 | 23 | Sir 1-3 | Gal 1 |
| 9 | 1Mac 15-16 | 2Cor 1 | 24 | Sir 4-6 | Gal 2 |
| 10 | 2Mac 1-2 | 2Cor 2 | 25 | Sir 7-9 | Gal 3 |
| 11 | 2Mac 3-4 | 2Cor 3 | 26 | Sir 10-12 | Gal 4 |
| 12 | 2Mac 5-6 | 2Cor 4 | 27 | Sir 13-15 | Gal 5 |
| 13 | 2Mac 7-9 | 2Cor 5 | 28 | Sir 16-18 | Gal 6 |
| 14 | 2Mac 10-12 | 2Cor 6 | 29 | Sir 19-21 | Ef 1 |
| 15 | 2Mac 13-15 | 2Cor 7 | 30 | Sir 22-23 | Ef 2 |

Ottobre

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|------------------|-------------|------------|----------------|-------------|
| 1 | Sir 24-26 | Ef 3 | 16 | Pr 5-6 | 1Ts 4 |
| 2 | Sir 27-29 | Ef 4 | 17 | Pr 7-9 | 1Ts 5 |
| 3 | Sir 30-32 | Ef 5 | 18 | Pr 9-10 | 2Ts 1 |
| 4 | Sir 33-35 | Ef 6 | 19 | Pr 11-12 | 2Ts 2 |
| 5 | Sir 36-38 | Fil 1 | 20 | Pr 13-14 | 2Ts 3 |
| 6 | Sir 39,1 - 42,14 | Fil 2 | 21 | Pr 15-16 | 1Tm 1 |
| 7 | Sir 42,15-43,33 | Fil 3 | 22 | Pr 17-18 | 1Tm 2 |
| 8 | Sir 44-46 | Fil 4 | 23 | Pr 19-20 | 1Tm 3 |
| 9 | Sir 47-49 | Col 1 | 24 | Pr 21-22 | 1Tm 4 |
| 10 | Sir 51-52 | Col 2 | 25 | Pr 23-24 | 1Tm 5 |
| 11 | Bar 1-3 | Col3 | 26 | Pr 25-27 | 1Tm 6 |
| 12 | Bar 4-5 | Col 4 | 27 | Pr 28-29 | 2Tm 1 |
| 13 | Bar 6 (Ep. Ger) | 1Ts 1 | 28 | Pr 30-31 | 2Tm 2 |
| 14 | Pr 1-2 | 1Ts 2 | 29 | Gb 1-3 | 2Tm 3 |
| 15 | Pr 3-4 | 1Ts 3 | 30 | Gb 4-6 | 2Tm 4 |
| | | | 31 | Gb 7-9 | Tt 1 |

Novembre

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Gb 10-12 | Tt 2 | 16 | Ct 6-8 | Eb 11,20-40 |
| 2 | Gb 13-15 | Tt 3 | 17 | Rt 1-4 | Eb 12 |
| 3 | Gb 16-18 | Flm | 18 | Lam 1-2 | Eb 13 |
| 4 | Gb 19-20 | Eb 1 | 19 | Lam 3-5 | Gc 1 |
| 5 | Gb 21-22 | Eb 2 | 20 | Qo 1-3 | Gc 2 |
| 6 | Gb 23-25 | Eb 3 | 21 | Qo 4-6 | Gc 3 |
| 7 | Gb 26-28 | Eb 4 | 22 | Qo 7-9 | Gc 4 |
| 8 | Gb 29-30 | Eb 5 | 23 | Qo 10-12 | Gc 5 |
| 9 | Gb 31-32 | Eb 6 | 24 | Dn 1-2 | 1Pt 1 |
| 10 | Gb 33-34 | Eb 7 | 25 | Dn 3-4 | 1Pt 2 |
| 11 | Gb 35-37 | Eb 8 | 26 | Dn 5-6 | 1Pt 3 |
| 12 | Gb 38-39 | Eb 9 | 27 | Dn 7-8 | 1Pt 4 |
| 13 | Gb 40-42 | Eb 10,1-23 | 28 | Dn 9-10 | 1Pt 5 |
| 14 | Ct 1-3 | Eb 10,24-39 | 29 | Dn 11-12 | 2Pt 1 |
| 15 | Ct 4-5 | Eb 11,1-19 | 30 | Esd 1-2 | 2Pt 2 |

Dicembre

| Grn | Mattino | Sera | Grn | Mattino | Sera |
|------------|----------------|-------------|------------|----------------|-------------|
| 1 | Esd 3-5 | 2Pt 3 | 16 | 1Cr20-22 | Ap 7 |
| 2 | Esd 6-8 | 1Gv 1 | 17 | 1Cr 23-25 | Ap 8 |
| 3 | Esd 9-10 | 1Gv 2 | 18 | 1Cr 26-27 | Ap 9 |
| 4 | Ne 1-3 | 1Gv 3 | 19 | 1Cr 28-29 | Ap 10 |
| 5 | Ne 4-6 | 1Gv 4 | 20 | 2Cr 1-3 | Ap 11 |
| 6 | Ne 7-8 | 1Gv 5 | 21 | 2Cr 4-6 | Ap 12 |
| 7 | Ne 9-11 | 2Gv | 22 | 2Cr 7-9 | Ap 13 |
| 8 | Ne 12-13 | 3Gv | 23 | 2Cr 10-12 | Ap14 |
| 9 | 1Cr 1-2 | Gd | 24 | 2Cr 13-16 | Ap 15 |
| 10 | 1Cr 3-5 | Ap 1 | 25 | 2Cr 17-19 | Ap 16 |
| 11 | 1Cr 6-7 | Ap 2 | 26 | 2Cr 20-22 | Ap 17 |
| 12 | 1Cr 8-10 | Ap 3 | 27 | 2Cr 23-25 | Ap 18 |
| 13 | 1Cr 11-13 | Ap 4 | 28 | 2Cr 26-28 | Ap 19 |
| 14 | 1Cr 14-16 | Ap 5 | 29 | 2Cr 29-31 | Ap 20 |
| 15 | 1Cr 17-19 | Ap 6 | 30 | 2Cr 32-33 | Ap 21 |
| | | | 31 | 2Cr 34-36 | Ap 22 |